

Fraser Valley Trail Run Series 2007  
Houston Trail Footrace 5 & 10k  
Langley, March 4, 2007

**10k results:**

<b>Place</b>	<b>First Name</b>	<b>Last Name</b>	<b>Sex</b>	<b>Age</b>	<b>Category</b>	<b>Time</b>
1	Rob	Durrant	M	41	M40-49	38:37
2	Danny	Groening	M	38	M20-39	39:40
3	Rob	Lang	M	50	M50-59	40:25
4	Andy	Colton	M	39	M19-39	41:13
5	Eddie	Catarinen	M	42	M40-49	41:53
6	Scott	Stewart	M	56	M50-59	41:54
7	Jason	Brandenburg	M	34	M19-39	42:33
8	Dwayne	Lotnick	M	46	M40-49	42:57
9	Darren	Walton	M	36	M19-39	43:26
10	Robin	Wilson	M	50	M50-59	44:43
11	David	Tanner	M	19	M19&U	45:20
12	Devon	Mihalyi	F	25	F19-39	45:25
13	Dave	Hetherington	M	54	M50-59	46:16
14	Mark	Hyder	M	54	M50-59	46:31
15	Chris	Gauvin	M	30	M20-39	46:43
16	Geoff	Hughes-Games	M	48	M40-49	46:53
17	Ed	Deroschers	M	45	M40-49	47:09
18	Soren	Tambour	M	44	M40-49	47:23
19	Amie	Pendleton-Knoll	F	17	F19&U	47:36
20	Cathy	Smith	F	41	F40-49	47:44
21	Simon	Tanner	M	53	M50-59	47:54
22	Paul	Wood	M	58	M50-59	48:31
23	Curtis	Christopher	M	25	M19-39	49:23
24	Susan	Northey	F	42	F40-49	49:23
25	Michael	Honing	M	44	M40-49	50:00
26	Werner	Brunke	M	50	M50-59	50:16
27	Ketty	Alfaro	F	16	F19&U	50:48
28	Daniel	MacDonald	M	27	M19-39	50:52
29	Jim	Millington	M	55	M50-59	51:12
30	William	George	M	68	M60-69	52:08
31	Kevin	McBride	M	38	M20-39	52:32
32	Simon	Nadeau	M	42	M40-49	53:02
33	Andrew	Brink	M	47	M40-49	53:08
34	Tom	Barichello	M	50	M50-59	53:33
35	Philip	Cilliers	M	49	M40-49	54:19
36	Marlee	St. Pierre	F	33	F19-39	54:28
37	Jessica	Glen	F	28	F19-39	55:22
38	Carol	O'Brien	F	54	F50-59	55:24
39	Gordon	Osborn	M	47	M40-49	55:35
40	Wayne	Gannon	M	66	M60-69	55:38
41	Ryan	Dietrich	M	30	M19-39	55:39
42	Simon	Erasmus	M	13	M19&U	56:03
43	Pat	Forrester	F	56	F50-59	56:04
44	Christina	German	F	25	F20-39	56:28
45	Allan	Bailey	M	55	M50-59	56:30
46	Anne	Tanner	F	50	F50-59	56:31
47	Larry	Wong	M	42	M40-49	57:16
48	David	Knoll	M	57	M50-59	57:26
49	Linda	Holmes	F	37	F30-39	57:40
50	Jim	Eso	M	47	M40-49	58:19
51	Mike	Ridley	M	43	M40-49	59:38
52	Dominic	Tunzi	M	46	M40-49	60:14
53	Jason	McKie	M	34	M20-39	60:24
54	Brenda	Lighthouse	F	53	F50-59	60:29
55	Aurora	Scott	F	36	F20-39	60:33
56	Hanif	Mohamed	M	48	M40-49	60:40
57	Butch	Stefaniuk	M	48	M40-49	61:28

58	Sandy	Zalit	F	45	F40-49	61:56
59	Oliver	Clapham	M	35	M19-39	62:24
60	Pat	Charron	M	35	M20-39	62:30
61	Leah	Strange	F	38	F20-39	62:30
62	Pat	Wiebe	M	38	M19-39	62:37
63	Rob	Daniel	M	67	M60-69	62:41
64	Gordon	Barber	M	51	M50-59	62:50
65	Paul	Adams	M	59	M50-59	62:53
66	Rick	Williams	M	57	M50-59	62:59
67	Jennifer	Hiebert	F	48	F40-49	63:05
68	Pat	Glen	F	59	F50-59	63:19
69	Harvey	Nelsen	M	73	M70+	64:39
70	Frances	Steinfeld	F	68	F60-69	64:41
71	Paul	McMillan	M	35	M20-39	65:31
72	Brian	Mills	M	44	M40-49	65:31
73	David	Wilkins	M	61	M60-69	65:43
74	Sharon	Stewart	F	50	F50-59	65:44
75	Stephanie	Stewart	F	23	F19-39	65:44
76	Graham	Robins	M	33	M19-39	66:07
77	Alice	Glanville	F	43	F40-49	66:10
78	Pamela	Duncan	F	52	F50-59	67:00
79	Laura	Gannon	F	56	F50-59	67:15
80	Sarah	Koper	F	25	F20-39	68:06
81	Kim	Hexter	F	34	F20-39	72:31
82	Sheilagh	Wubs	F	38	F19-39	72:31
83	Laurel	Dunn	F	43	F40-49	75:56
84	Sharon	Yap-Chung	F	41	F40-49	75:56
85	Ray	Rouseau	M	75	M70+	78:50
86	Adelle	Howard	F	22	F20-39	81:16
87	Jason	Sarai	M	26	M19-39	81:16
88	Nancy	Huff	F	40	F40-49	81:39
89	Laurel	Dunn	F	43	F40-49	87:39

#### 5k results:

Place	First Name	Last Name	Sex	Age	Category	Time
1	Nigel	Hole			M19&U	17:42
2	Trevor	Smith			M40-49	17:55
3	Braeden	Donnelly			M19&U	21:09
4	Rebecca	Kits			F19&U	21:16
5	Maureen	De St Croix			F50-59	21:23
6	Mile	Jovanovic			M50-59	22:33
7	Julie	Warren			F19-39	22:53
8	Cathie	Bachand			F40-49	23:27
9	Alda	Nicmans			F40-49	25:17
10	Lisa	Siddons			F40-49	26:30
11	Sandi	Stacey			F50-59	26:49
12	Carlyn	Feagan			F19&U	27:18
13	Melanie	Chernoff			F19-39	27:30
14	Donna	McCrae			F19-39	27:30
15	Sherri	Todd			F19-39	27:30
16	Ross	Davidson			M50-59	28:10
17	Ellen	Hall			F50-59	28:19
18	Jana	Simonski			F19-39	28:33
19	Mandy	Hadfield			F19-39	28:59
20	Heather	Gelawitz			F19-39	29:05
21	Tracey	Falconer			F40-49	29:06
22	Henny	Brunke			F40-49	29:25
23	Sarah	Glanville			F19&U	29:33
24	Margo	Barber			F50-59	30:05
25	Ben	Dobranowsla			M50-59	30:05
26	Darcy	Rajala			M40-49	30:43
27	Sandra	Nissen			F40-49	30:53
28	Tom	Dent			M40-49	31:22
29	Tom	Foerster			M50-59	31:22

30	Lisa	Maynard	F19-39	31:26
31	Kate	Kotanen	F19-39	31:42
32	Tracy	Buehler	F40-49	32:22
33	Kent	Sanderson	M50-59	33:48
34	Draeanna	Sanderson	F50-59	33:57
35	Nicole	Gibson	F19-39	34:12
36	Glenna	Owen	F40-49	35:09
37	Rob	Newton	M19-39	35:21
38	Aimee	Parkin	F19-39	35:21
39	Tricia	Luciw	F19-39	35:48
40	Taressa	Poirier	F19-39	35:48
41	Janice	Doane	F50-59	38:35
42	Karen	Smith	F50-59	45:38